



Mission □ □

GrowingGreat is a non-profit garden and nutrition education organization dedicated to inspiring children and adults to adopt healthy eating habits through classroom nutrition lessons, school gardens and community events. □ □

Vision □ □

To change the eating & nutrition habits of current and future generations of students, families and communities through innovative programs that affect real and lasting change in health, nutrition and sustainable farming. Our programs will utilize:

- Education
- Practical applications
- Sustainable farming methods
- Awareness of ecology

Parent Volunteer Involvement

Juan De Anza Elementary participates in GrowingGreat's Gardening and Nutrition programs.

Garden activities lay the foundation of healthy eating by involving children in the process of growing, harvesting, and eating their own organic produce. After receiving a lesson from our parent/teacher volunteers about various aspects of gardening, the life cycle of plants, pollination, or various edible plants, our Tedde, Kindergarten, 1st, and 2nd grade classes, with the assistance of teachers and parent volunteers, plant themed gardens from seed. Parent volunteers also help with garden maintenance.

The Nutrition program inspires healthy eating through education. Being a Nutrition Docent involves a commitment to attend 5 one-hour training sessions during the school year, and to deliver the nutrition education lessons to the 3rd, 4th, and 5th grade classes. Volunteering for the Nutrition program is a great way to get into your child's classroom with a fun, interactive lesson; plus serve a yummy food sample.

If volunteering in the Gardening or Nutrition programs sounds like something you'd like to do, we need you!